

NYDHA EMPIRE CONFERENCE

**Saturday, Nov. 7, 2026
- from 3-5 p.m.**

**Course 8
2 CE hours**

Review of Oral-Systemic Lesions in Autoimmune Diseases

Description: This lecture will review clinical presentation, diagnostic criteria, appropriate treatment methodology, prognosis and differential assessment for oral manifestations in common autoimmune diseases.

Emphasis will be placed on recognizing characteristic oral signs and symptoms, distinguishing autoimmune conditions from similar oral diseases, and understanding appropriate treatment and preventive management.

Topics to be discussed will include but are not limited to Sjögren's syndrome, Diabetes type 1, Pemphigus Vulgaris, and Mucous Membrane Pemphigoid.

Learning Objectives: Participants will learn to:

- Describe the oral manifestations of common autoimmune diseases.
- Assist the clinician in creating a step-by-step approach for identifying oral lesions in patients with autoimmune diseases.
- Discuss appropriate treatment options, including referrals and follow-up care.
- Differentiate between autoimmune diseases and other conditions with similar oral presentations through appropriate differential assessments.

About Our Speaker

Catherine Monchik, MS, RDH, FADHA, is an Assistant Professor in the Dental Hygiene Unit at Eugenio María de Hostos Community College in the Bronx. She taught as an Adjunct Assistant Professor in the Dental Hygiene Department at New York City College of Technology and as an Adjunct Professor at Middlesex College.



Throughout her teaching career, she has instructed a wide variety of courses including clinical skills for freshmen and seniors, radiology, periodontology, oral pathology, and dental specialties. With over 27 years in the dental field, she continues to work as a private practice dental hygienist in New York City. She serves as Membership Chair on the New Jersey Dental Hygienists' Association's local Central Component Board and is a member of the American Dental Safety Association. This year, she earned certifications in infection control and Guided Biofilm Therapy.

Dedicated to community outreach, she speaks at local senior centers and elementary schools regarding the importance of oral health and volunteers regularly to provide free dental services through "Dentistry from the Heart," mobile dentistry initiatives, which serve underserved communities.

She has presented lectures nationwide on a variety of topics, including implants and oral pathology. She was a featured speaker at the 2025 American Institute on Dental Public Health Colloquium, leading to a roundtable discussion on oral health equity titled "Fighting for Veterans' Oral Health Equity." Her work has been published in peer-reviewed journals on topics such as radiology techniques, autoimmune diseases, implantology, and the significance of dental hygiene instruments.